

PENALTIES & INDEX

Minor	Rule 402	Page 17	1.5 minutes	Player sits in penalty box until penalty time is up or opponents score a goal.
Bench Minor	Rule 402 (b)	Page 17	1.5 minutes	Player sits in penalty box until penalty time is up or opponents score a goal.
Major	Rule 403	Page 18	4 minutes	Player sits in penalty box until penalty time is up irrespective of goals scored by opponents. 2nd Major penalty issued to same player during game, player will also receive a Game Misconduct Penalty and be suspended from game. Another player from team must serve the Major Penalty time.
Misconduct	Rule 404	Page 18	10 minutes.	This penalises the player not the team another player may immediately take his place on the rink. Player can not return to his bench or rink until a stoppage of play. 2nd Misconduct penalty issued to same player during game, player will also receive a Game misconduct Penalty and be suspended from game.
Game Misconduct	Rule 404 (b)	Page 18		Immediate suspension from game.
Match Penalty	Rule 405	Page 19		Immediate suspension from game also suspended from all other games or practises until a hearing of the disciplinary tribunal. Another player from team must serve 4 minutes in the penalty box
Penalty Shot	Rule 406	Page 19		Depending on circumstances surrounding the awarding of a penalty shot – either the person fouled or one of the players who was on the rink at the time must take the penalty shot.

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OCCURRENCE	RULE No.	PAGE No.	INTERPRETATION	PENALTY TYPE
Abuse of Officials	202 (d)	10	A Captain or an Assistant Captain questioning the decision of the referee rather than asking for an interpretation.	Minor. Unsportsmanlike Conduct.
	601	27	Player or players verbal harrangement of any game official. Initial Outburst. Persists after initial warning. Continues after second warning.	Minor. Unsportsmanlike Conduct. Misconduct. Game Misconduct.
Body Checking Boarding	604 (a) (b) (c)	28	Not allowed with or without puck. Referees discretion – depends on severity and circumstance. Referees discretion – depends on severity and circumstance. If a Major + Game Misconduct penalty is assessed a teammate must serve the 4 minute portion of the penalty.	Minor, Major, or Major + Game Misconduct.
Broken Stick	605	28	Player must drop it immediately, however a Goalkeeper can continue to use.	Minor.
Butt Ending	607 (b) (d)	29	Penalty to be assessed for even attempting to butt-end a player. A teammate serves the 4 minute portion of the Major + Game Misconduct or Match penalties. Attempt If contact made If intent to injure	Double Minor + Game Misconduct. Major + Game Misconduct. Match Penalty.
Charging	606 (a)	29	More than two steps, jumping into or deliberately skates into opponent. Teammate serves the 4 min. penalty with Major + Game Misconduct.	Minor, Major, or Major + Game Misconduct.
Checking From Behind	606 (b)	29	Includes pushing from behind not just two hands on stick and stick not in contact with rink. If a Major + Game Misconduct penalty is assessed a teammate must serves the 4 minute penalty	Minor, Major, or Major + Game Misconduct.
Cross Checking	607 (a) (c)	29	Both hands on stick and stick not in contact with rink. Teammate serves the 4 minute portion of the penalty with Major + Game Misconduct.	Minor, Major, or Major + Game Misconduct.
Delaying the Game	609 (a)	30	Deliberately shooting the puck out of the rink.	Minor.
	(b)		Deliberate displacement of goal post. Goalkeeper deliberately removes his helmet or displaces goal post during the course of a breakaway by the attacking team.	Minor. Penalty Shot.
	(c)		Failing to place correct number of players on rink.	Minor.
	(d)	Player failing to maintain proper position at a face-off.	Minor.	
	612 (a)	31	Freezing the puck, on boards or deliberately falling on puck.	Minor.
(b)	31	Goalkeeper freezing the puck behind the goal line with body totally out of crease or freezing the puck outside of the privileged area.	Minor.	

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		No.		
Delaying the Game	616 (a)	33	Goalkeeper unnecessarily freezing puck.	Minor.
	(b)		Goalkeeper intentionally dropping puck into pads or onto top of net.	Minor.
	628 (a)	38	Player deliberately, freezing the puck on boards or falling on puck.	Minor.
	629 (c)	39	Goalkeeper intentionally dropping puck onto top of net.	Minor.
Deliberate Injury	608 (a)	38	Deliberate injury of an opponent. A teammate serves the 4 minute penalty.	Match Penalty.
	(b)		Deliberate injury to a Team or Game Official. Ejection from game, immediate replacement allowed.	
Elbowing	610	30	Referees discretion – depends on severity and circumstance. A teammate serves the 4 minute penalty with the Major + Game Misconduct.	Minor, Major, or Major + Game Misconduct.
Falling on Puck	612	31	Player outside of goal crease or goalie behind goal line totally out of crease or Goalie holding puck against goal or boards.	Minor. Penalty Shot Goal awarded
			However if puck is within the goal crease area and player falls on puck. If goalie is off the rink when player falls on puck within crease.	
Fighting	613	32 (a)	Starting a fight. Ejection from game, teammate serves 4 min. penalty.	Match Penalty or Game Misconduct Minor or Double Minor. (referees discretion) Match Penalty. Game Misconduct. Game Misconduct. Minor.
		(b)	Retaliation. (1 x punch or attempted punch)	
		(b)	Continuing retaliation. Ejection from game, teammate serves 4 min. penalty.	
		(c)	3rd man in. Ejection from game, immediate replacement.	
		(d)	Resisting an Official. Ejection from game, immediate replacement.	
(e)	Goalie leaving crease to participate in fight.			
Handling Puck	616 (a)	33	If goalkeeper unnecessarily holds puck – Delay of Game.	Minor. No penalty, just a face-off at nearest end zone spot. No penalty No penalty but face-off at nearest High Zone face-off spot.
	(c)		Goalkeeper hand passes to teammate in direction towards opponent’s goal.	
	(e)		Player hand passes to teammate within defending zone. Player hand passes to teammate within attacking zone.	
Head-Butting	608 (c)	29	Deliberate head-butt to an opponent, team or game official . Ejection from game, teammate serves the 4 min. penalty.	Match Penalty.
High Stick	617 (a)	33	Above shoulder height is high stick - If opponent is hit with a high stick.	Referees discretion if injured player not wearing facial protection. Minor, Double Minor, Major or Major + Game Misconduct No penalty but face-off at end spot of offending team. No Call. Advise players of no call. Goal allowed. Match Penalty.
	(b)		Injury occurs through high stick. Ejection from game, a teammate serves the 4 minute penalty.	
	(d)	34	Puck batted above shoulder height.	
	(d 1)		Puck batted above shoulder height but puck goes to an opponent.	
	(d 2)		If defender high sticks puck into own goal.	
(e)		Can be treated as attempt to injure or deliberate injury – referees discretion. Ejection from game, a teammate serves the 4 minute part of the penalty.		

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		No.		
Holding	618	34	Holding opponents body by hands, legs, stick, feet. Holding opponents face cage. If an injury occurs. Ejection from game, teammate serves the Major penalty.	Minor. Minor or Major. Major + Game Misconduct.
Hooking	619 (a) (b) (c)	34	Impeding opponent's progress. If an injury occurs. Ejection from game, teammate serves the Major penalty. If opponent on a clear breakaway inside attacking zone with no player between him and the goalkeeper.	Minor. Major + Game Misconduct. Penalty Shot.
Interference	621 (a) (c) (d)	35	Impeding progress of an opponent who is not in possession of the puck. Impedes the goalkeeper within the goal crease. Standing within or on goal crease line or stick in air over goal crease line.	Minor. Minor. Nearest High -Zone face-off spot.
	622 (b)	36	Player interferes with a spectator. Ejection from game, immediate replacement.	Game Misconduct.
Kneeing	610	30	Referees discretion – depends on severity and circumstance. Ejection from game, a teammate serves the Major penalty.	Minor or Major or Major + Game Misconduct.
Kicking	623	36	To be treated the same as slashing. Penalty includes for attempting to kick. If ejected from game, teammate serves the 4 minute part of the penalty.	Minor or Major. Major + Game Misconduct. Match Penalty.
Leaving Players Benches Penalty Benches	625 (a)	36	During a fight. 1 st player to leave respective benches. Ejection from game, teammate serves the Double Minor penalty. Other players that leave their benches – up to 5 per team.	Double Minor + Game Misconduct.
	(b)	37	Any player that leaves the penalty bench. Ejection from game, teammate serves the Minor penalty.	Misconduct. Minor + Game Misconduct.
Players In Uniform	203 (e)	10	If a team can not place on the playing surface the correct number of players due to injury or penalties etc then they forfeit the game. The non-offending team is declared the winner and score of 5-0 is to be recorded.	No further penalties are assessed for a forfeit.
Refusing to Play	632 (a)	39	Both teams on the rink but one team refuses to start play. Team fails to leave dressing room or players bench and proceed to playing surface. Team continues to refuse to come onto playing surface.	15 second warning. Bench Minor. Bench Minor.
	(b) (b)			2 minute warning. Game forfeited, record score as 1-0 or current score whichever is more advantageous to non-offending team.

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Slashing	633 (a) (b) (c) (d)	40	Referees discretion. If injury occurs. Ejection from game, a teammate serves Major penalty. If stick used during a fight – Intent to Injure . Ejection from game, a teammate serves the 4 minute part of the penalty If an attacking players stick comes into contact with the goalkeeper within goal crease regardless of whether or not the referee has stopped play.	Minor or Major. Major + Game Misconduct. Match Penalty. Minor.
Spearing	634 (a) (b) (c)	40	Attempting to spear. A teammate serves the Double Minor penalty while the offending player serves the 10 minute misconduct. The 10 minutes does not start until the Double Minor has been served. Spearing. Ejection from game, a teammate serves the Major penalty. Injury caused by spearing. Ejection from game, a teammate serves the Major penalty. Spearing can be assessed as “attempt to injure” or “deliberate injury”. Ejection from game, a teammate serves the 4 minute part of the penalty.	Double Minor + Misconduct. Major + Game Misconduct. Major + Game Misconduct. Match Penalty.
Throwing Stick	635 (a) (b) (c)	40 41	Defender in defending zone. (if goal not scored on play) Defender in defending zone. (if goalkeeper not on rink at time) Player in any zone (other than defender in defending zone) Player throws stick outside of rink. Player throws stick in direction of spectators. Ejection from game, immediate replacement.	Penalty Shot. Goal awarded. Minor. Misconduct. Game Misconduct.
Tripping	639 (a) (b) (c)	43	In normal play. If an injury occurs due to tripping. Tripped from behind on a clear breakaway in the attacking zone with only the goalkeeper in front of them. Tripped from behind on a clear breakaway in the attacking zone – goalkeeper not on the rink.	Minor. Major + Game Misconduct. Penalty Shot. Goal Awarded.
Unnecessary Roughness	640	43	Unnecessary physical contact – Referees discretion. Be alert to the difference between Unnecessary Roughness and Body Checking. If an injury was to occur then it could probably be assessed as Body Checking with appropriate penalty assessed	Minor or Double Minor.